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by L B

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Nonverbal observation

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Nonverbal observation

The restaurant is rather too busy by this time of the day but that's not the case on this sunny Friday. The structure is in a beautiful area filled with nature, it's a place full of tranquility and vitality for anyone that goes there. Two ladies walk in and amazingly add to the great ambiance of the place. They are about 5 feet tall, one with brown hair and the other has black hair, they are both dressed casually smart. The smiles of their faces send messages that they were glad to see each other. They seemed to be really close friends.

The conversation between the two ladies involved complementing their statements, one could easily notice them trying to illustrate the size of something. They also regulated the conversation they had by somehow ensuring proper turn taking and showing interest in the topic of discussion. They would constantly put on a smile with their eye-brows somehow lifted, implying that the conversation was interesting. It was a good use of facial displays.

For the movement and gestures aspect, using their hands to insist on a point as they settled comfortably on their seats, indicated a good interest on each. They maintained eye contact throughout their discussion, they would widen their eyes to show surprise, the eyes would be really small when they were laughing. For touch behavior they could constantly tap each other's shoulders, claps hands in the midst of their laughter. Once in a while, one could hear a variation in their pitch or a way in which one could talk at a low voice to encourage a response from the other implying a use of vocal behavior.

Growing up, one could easily make a conclusion from observing. it's not the words that you use but your nonverbal cues or "body language" that speak the loudest (Shylov & Shcherbyna, 2021). The facial expressions and the eye behaviors could depict a happy or sad person. Making a conclusion from the body language wasn't a hard thing. From the conversation of the two ladies, it was noticeable that they were having quite a good time of catching up.

References

Cuddy, A. (2012). Your body language may shape who you are. *TEDGlobal*. *https://www. ted. com/talks/amy_cuddy_your_body_language_shapes_who_you_are*.

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